

# PROJECT P.R.A.I.S.E

Adaptation Inclusion Social Integration  
for Ethnic Minorities

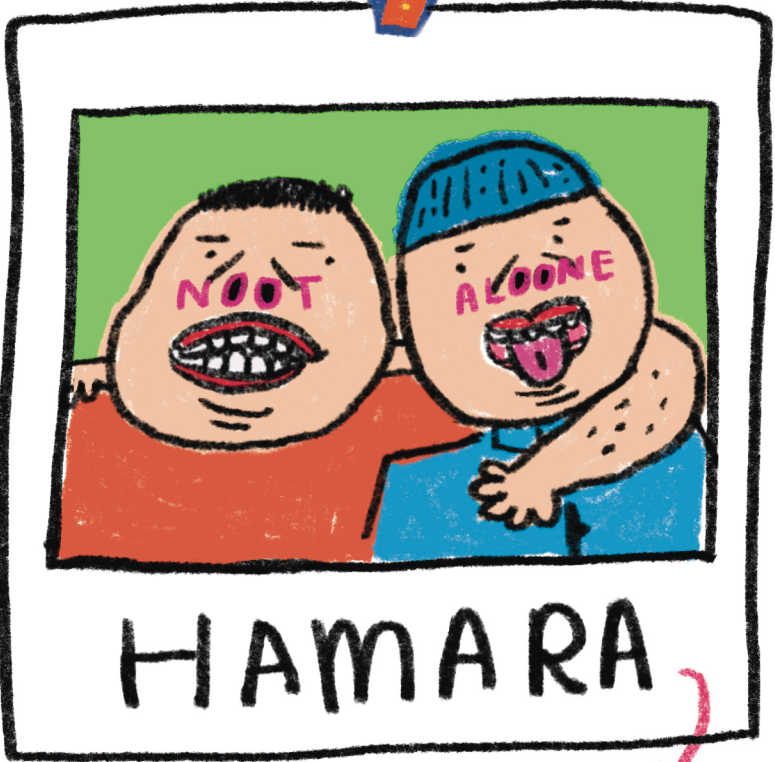
LIFE IS GOOD WHEN...

cheers!



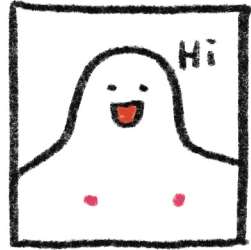
cheers!





## Hamara Hub

P.R.A.I.S.E. is a holistic family-based project for ethnic minorities that promotes an integrated society where racial harmony and equality can be achieved. P.R.A.I.S.E. works on empowering the functions of different family roles among South Asians in cooperation with schools, enterprises, organisations and the others.



To: \_\_\_\_\_

From: \_\_\_\_\_

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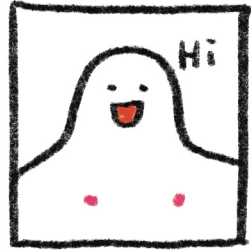
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The page features several stylized illustrations of hands and feet in shades of orange and red, with black outlines and small blue and red dots on the fingers and toes. These are arranged around the central text. At the bottom, there is a decorative horizontal line with a red dashed border and small colored shapes (purple, white, blue) along its length.
$$10 + 8 \quad 11 + 7 \quad 9 + 9$$

Your friend lends his  
fingers & toes for your  
counting in maths class.

## Services for Partner Schools - Tutorial Classes

Students are referred by partner schools. The classes require parents to have a active involvement in their children's studies, such as reviewing their children's study performance monthly and participating in parents programs.



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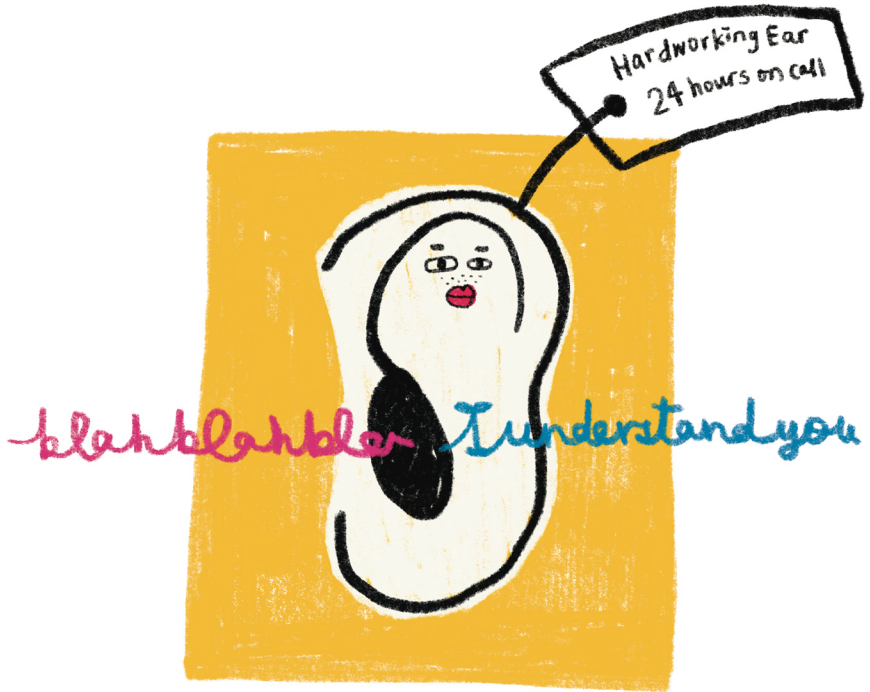
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# PEOPLE LISTEN TO YOU PATIENTLY

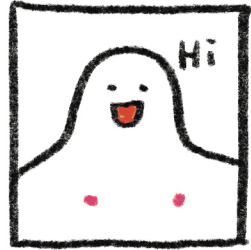


## Services for Partner Schools - Translation Services for Schools and Parents

Translation services are offered upon schools' requests for parent-school communication, school notices and school programs to improve the communication between parents and schools.

## Scholarships for Girls

Scholarships are provided to girls to encourage girls' education in ethnic minorities families.



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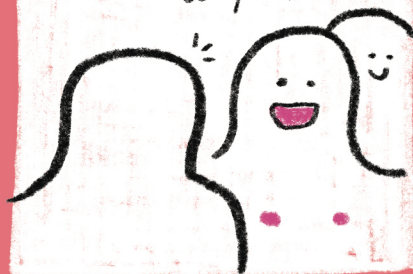
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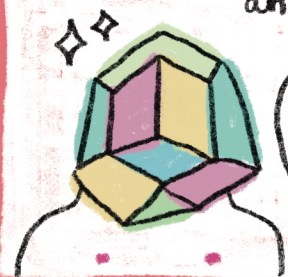
When you think  
you are ugly



your friends come  
to you



and say



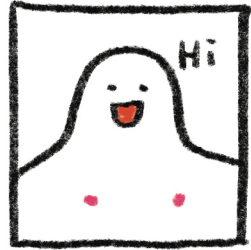
YOU  
LOOK  
GREAT!

Some one  
says you are  
A  
HIDDEN GEM  
♡

## Clubs

Clubs will be formed for different target groups, such as parents, fathers, youths and girls. Club members may join activities designed according to their specific needs.





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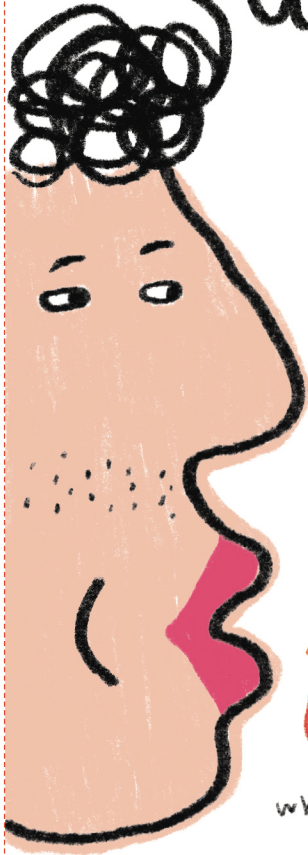
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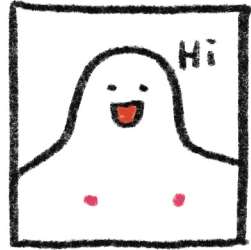
You don't have  
to be Avengers  
to influence others



## Ethnic Minorities Youth Ambassadors

Ethnic minorities youths act as the leaders to serve their own communities.





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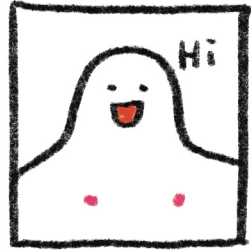
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## Counselling

Ethnic minorities can look for counselling support for dealing with the issues in life, marriage, family, relationships and career to maintain their physical and psychological health with the help of professional South Asian counsellors.





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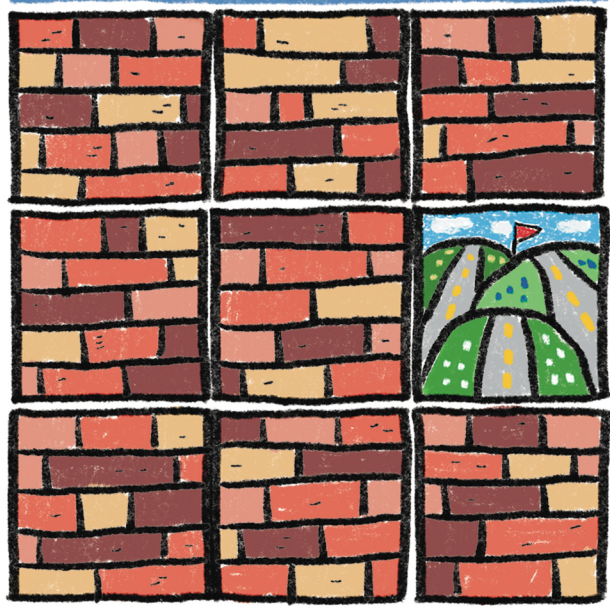
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Select the image with  
**SOMETHING NEW**  
Click verify when you are done



THERE'S  
NEW  
ROAD  
AHEAD



THERE'S  
NEW  
ROAD  
AHEAD

Verify

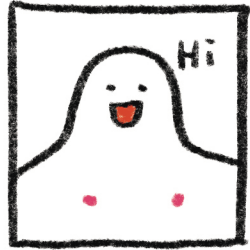
## Newcomers Adaptation Programs

The topic of adaptation programs are closely related to our daily life, such as introducing local social services, employment situation, education system, Hong Kong cultures and environment etc. and offered for ethnic minorities newcomers.

## Employment Supports for Ethnic Minorities

Services for job seekers included job referral, career planning workshop and job search skills training.

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# YOU CAN STRETCH YOUR LIMITS & OWN YOUR POTENTIAL

## Social Media Projects for Ethnic Minorities

As social media is the universal trend, ethnic minorities youths are trained to develop photography skills, filming and editing skills to publish online works related to advocacy, culture and quality life in Hong Kong on social media platforms.

## Sports Programs

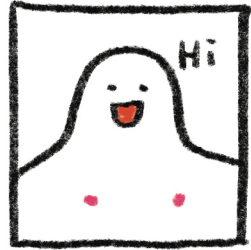
Sports programs are designed to unleash the potential of ethnic minorities youths and promote healthy lifestyle in their community.

## Health Awareness Programs

To raise the awareness of health issues among ethnic minorities communities. Free check-ups, health talks and medical consultations are provided.







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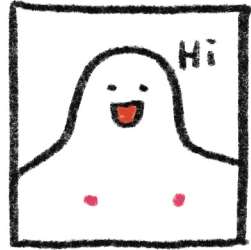
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YOU ARE ALWAYS SAFE UNDER  
A SWEET WARM SHELTER

## Housing Support

Support provided for the ethnic minorities residents for consultation on housing issues and relationship buildings with landlords.



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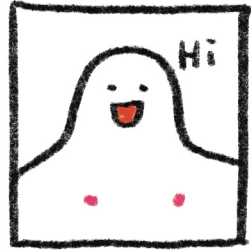


## Surveys in Kwai Chung and Tsuen Wan for Ethnic Minorities

Surveys are conducted to develop a deeper understanding of the needs of ethnic minorities in the district.

## Integrated Information Hub

Hub gathers all community information which are beneficial to ethnic minorities.



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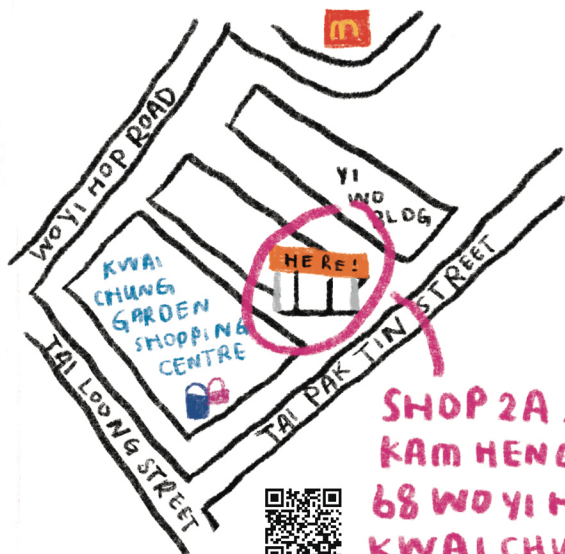
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# HAMARA HUB

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*opening hour*

MON. WED. FRI : 1PM - 9PM

TUE . THU . SAT : 10AM - 6PM

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Phone : 24920866 Fax : 24920322



: PRAISE LMC

